

## TEST SERVICE OVERVIEW



1

### Step 1: Pick kit up

Pick up your sample collection test kit from your workplace



2

### Step 2: Collect & Return

Collect a simple fingerprick blood sample and mail it back reply-paid to our lab



3

### Step 3: Lab Analysis

Our quality controlled, accredited Australian pathology lab will process your sample



4

### Step 4: View Results

Your results will be delivered via our secure website in a matter of days and you can share them with your GP or others as you wish



# WorkWell Program

Employee health checks

- ✓ Simply administered
- ✓ Confidential
- ✓ Accurate

[www.myhealthtest.com](http://www.myhealthtest.com)

For more information visit [www.myhealthtest.com](http://www.myhealthtest.com)



Watch the video  
<http://bit.ly/2gEbxp8>



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**MyHealthTest** is an Australian company that empowers people to actively manage their health by helping workplaces offer confidential health checks to staff.

The right workplace wellness program can deliver benefits to employers and employees alike, however many programs are onerous to administer and can be disruptive.

That's why we've developed **WorkWell**, an all-inclusive program that allows you to economically offer testing for important chronic health conditions that can affect productivity. Best of all, it's just as simple to deliver to those in the corporate head office as it is to employees in remote workplaces or even those who work-from-home.

The **MyHealthTest WorkWell program** uses an accurate and confidential fingerprick test in a unique non-disruptive way to give your employees the power to take control of their health, so that your business can thrive.

We understand that it can take a lot of effort to raise awareness of the workplace benefits that you offer. That's why we've got you covered with an all-inclusive promotional program including:

- Downloadable wall posters
- Brochures
- Animations & videos
- Customisable email campaign



## How the program works

1

A full promotional program is provided with the WorkWell program including posters, animations, videos and email campaign to raise awareness and encourage participation

2

MyHealthTest sample collection kits are supplied to the workplace and distributed to employees or placed in common areas such as tea room or lunch room

3

Employees collect their sample at a time and place that suits them, full instructions are provided and no special training is required

4

Samples are returned in the reply-paid envelope via regular mail to the MyHealthTest laboratory for analysis

5

Employees receive their individual results via a secure website where they can choose who to share them with

6

Workplaces with more than 50 participating employees will receive de-identified collated results indicating the percentage of employees at risk

The MyHealthTest WorkWell Program offers a tiered pricing structure that helps your business implement a cost effective health program for employees. The cost is comprised of a set-up fee and cost per test supplied.

With no disruption to the work day, no need to bring in health professionals to take blood tests and all promotional materials covered, you can efficiently and effectively improve the health and productivity of your staff.